

# DIY: Art Journal Tutorial

#artjournaladvent2021

## SUPPLY LIST:

- Scissor
- Pencil
- Ruler
- Book Cover e.g. from an old planner or vintage book
- Exacto knife
- Paper for Pages e.g. Mixed Media- or craft paper, Bookpages, painted paper...
- Folding tool
- Bookbinding tools : awl, needle, thread
- Tape or paperboard, to stabilize the spine

## STEP BY STEP:

1. Search for an old planner or vintage book with a steady cover, you're not using anymore. I'm using an old moleskine planner in A6. Cut the pages out with an exacto knife and use tape or a piece of paperboard to stabilize the spine, if needed.
2. Transfer the size of a double page onto a piece of paper and cut it out as a template. Keep in mind that the pages should be smaller than the cover.
3. Cut out your pages using the template. I'm using 15 Pages for the 24 Prompts on double pages including some spare pages.
4. Fold your pages in the middle with a folding tool and bring them in a nice order of 2 stacks for 2 signatures. Fix your stacks on both sides with clips, so that your pages cannot move anymore.
5. Take your template and mark the middle line. On this line mark 3 holes: one in the middle and the other two holes in same distance on top and bottom to the middle hole. Punch the holes out with an awl and mark them with a pen on the signatures.

Then mark the holes on the spine: For 2 signatures put the holes next to each other by using the template on one side and adding the holes for the second signature with a ruler, on the other side. Punch the holes with an awl into your signatures and spine.

6. Start to sew the first signature as shown on the sketch in my blogpost . Then repeat the steps with the second signature and you're done :-)